Perry Farm Village





Embrace the possibilities

4241 Village Circle • Harbor Springs, Michigan 49740 • www.pvm.org • June 2023

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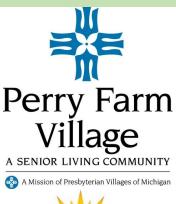
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Look for PVM on:







Dear Residents, Families, & Friends,

Summer has begun and this year Perry Farm Village was part of the kick off to summer with participation in the Memorial Day Parade downtown. It was wonderful weather and so many came out to honor all those past and present who served our country. A special thank you to Kraeg Kepford, Ruth Gross (Hillside) and Bill Fisher who rode in the parade and to Randy Hall and Jim Woodward for dusting off their convertibles to drive them in the parade.

This month finds many busy with family and friends coming to town to spend time together, getting outside to enjoy our beautiful Michigan weather, and activities going on in town, and within PFV. Don't forget that we now have guest rooms available for Residents to reserve. Reservations are open and being taken in the main office.

Our big event this year is the **20**th **Anniversary Celebration of Perry Farm Village on June 28**th from 3:00 – 6pm which will include the official dedication of the Birches and Grand Opening of the Terrace Level. You are all invited and please extend the invitation to any and all who would like to join us!!

We have several projects that continue this month and into July with the Perry Farm Village Association Board approval.

- 1) All hallway end doors leading to the carports will be re-done to allow automatic access to both sets of doors with keyless entry similar to the Birches Hall 2 doors.
- 2) A summary of the bylaws "house rules" will be distributed this week for ease of reading and reference for both owners and renters.
- 3) The moving of the Library to the Terrace Level will begin the 2nd week of June.

Please take the time to read the newsletter for more information, check the bulletin boards by the coffee area and card room, and stop by to sign up for events and outings at the Activity Table across from the elevator.

Happy Summer Everyone!

Barbara



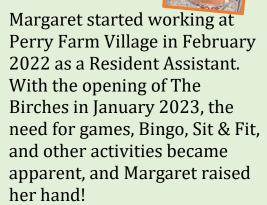
Paul Rondel may be new to Perry Farm Village, but he's not a stranger in Harbor Springs. Paul and his wife Betty, along with son Mark and his wife Nancy started building their A-frame cabin in Brutus in 1949. Paul recently moved to PFV and is our first resident on the newly refurbished Terrace Level! Betty and Paul were married for 60 years before she passed 11 years ago. They also have a daughter, Rachel who lives in Virginia and has a passion for horses.

Paul was a physiologist at the University of Michigan Medical Center for 20 years, and left his career to spend time skiing in Aspen and sailing the North Channel and MacGregor Bay at the north end of Georgian Bay. From there they also sailed to Florida and the Bahamas on their 35' sailboat.

We appreciate Paul for his enthusiasm for meeting his fellow PFV residents and frequenting happy hour most davs.

If you haven't had a chance to meet Paul yet, please give him a big welcome!

Margaret Small -Wellness Assistant at The Birches



She had recently taken care of her mother with dementia. living with her the last 2 years of her life. "It is not the easiest job, but it is so fulfilling. I love interacting with our residents, and giving them the time, attention and the quality of life that they deserve."

Margaret is married and has 3 children. She loves decorative painting and spending time tending her very large perennial garden.

Her favorite time is spent travelling with her husband. Since he is only home from his job on Sundays and Mondays, they cherish their time together and will travel to Mt. Rushmore in June.

Thank you Margaret for the care and dedication to our residents and showing up every day with a smile!



Board Members

PFVA

Joanne Arbaugh **David Hartnett** Dr. Maria Kokas **Kelley Newton** Ken Ostrowski Joanne Robinson, Liaison John Swallow

PFDC/Hillside

Kay Flavin Roy Griffitts, Jr. **David Hartnett** Tim Knapp Dr. Maria Kokas Emil Muccino Kenneth Murphy Linda Rhodes-Pauly Joanne Robinson Mark Slater **Edy Stoughton**

Happy Birthday! Bill F. 1st 2nd Leo H. Don H.

13th Norma B.

Evelyn G. 30th

12th

Perry Farm Village 20th Anniversary & Grand Opening of The Birches Celebration

Wednesday, June $28^{th} \sim 3-6 \text{pm}$



All are welcome! Residents, families, community members, everyone! Please come, bring a friend and share in this very special celebration! Wine, beer, drinks and light hors d'oeuvres Location: In front of The Birches at Perry Farm Valet parking provided

Lunch at the Harbor Springs Friendship Center

Thurs. June 8th – Gurney's Sandwich, Chips, Pickle & Drink Cost: \$3 for 65+ Music: Brad Hersey Sign up by6/6 Tues. June 13th - Fried Chicken lunch from Harbor Market *Sign up by 6/12* Cost: \$3 for 65+

Wed. June 21st – Rivertown Jazz Band playing - hotdogs, chips *Sian up bv 6/19* and ice cream are FREE!

Transportation provided, must sign up so we can plan accordingly

Harbor Springs History Part II

Thurs. June 1st – 1pm **Location: Dining Room**

Vacation Bible School Craft

Tuesday, June $20^{th} \sim 11am$

Join the kids for a quick 30 minute craft in the card room

Cardiac Health Presentation

Thurs. June 15th – 1pm Lisa Cleary, RN, BSN Affinity Home Care, LLC Location: Dining Room



Shopping

June 7th & 21st 12:45pm Please sign up!

Fall Risk Assessment Presentation

Thurs. June $22^{nd} - 1:30pm$ Speaker: Sherri Engler, RN Location: Dining Room



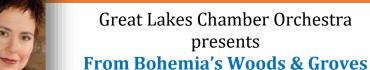
Happy Hour on the Terrace Level

Friday, June $16^{th} \sim 4:30 \text{pm}$ Celebrating the Terrace Level opening, & Father's Day!



Ice Cream Social

Thurs. June $29^{th} \sim 2pm$ On the back patio



Saturday, June $10^{th} \sim 7 \text{pm}$ Location: Bay View Auditorium Ticket \$38

Bus will leave at 6pm

Please sign up no later than 6/2 at noon – ticket will be purchased for you and billed to your account, NO cancellations after ticket ordered.



featuring:

Violin Soloist Dylana Jenson As we anticipate the 20th Anniversary of Perry Farm Village and the Grand Opening of The Birches, let's look back at some of our history. Here are a few interesting facts.

- Roma Walstrom Bolline and a group of volunteers never wavered in their quest to make Perry Farm Village a reality. With the help from Harbor Area Housing (HAH) and the Perry Farm Development Company (PFDC) the historical Perry Farm property was acquired in 2001.
- Birchwood Construction Company became the co-developer and general contractor, and PVM acted as the management agent.
- Perry Farm Village became a reality when its first resident, Kay Baker, who had summered with her family on Harbor Point her entire life, moved in during 2003.
- The Perry Center—the hub of Perry Farm Village—opened in 2004, and in 2005 PFDC applied and received designation for a 501(c)(3) organization. In 2006 PVM assumed ownership of Perry Farm Village.
- Barbara Woodward-Boonstra is the third Executive
 Director following Mary-Catherine Hannah, and Carol Laenen.
- Norma and Bob Brown were one of the original owners and Norma still resides in one of the cottages!

Please notify the office as soon as you know you will require transportation to/from an appointment, a minimum 72 hrs. Our driver, Dave works Tuesday, Thursday and alternating Wednesdays. Monday & Friday we rely on volunteers. It is becoming increasingly difficult to ensure transportation on days when Dave is not working. Until this shortage subsides, please provide at least 48 hr advance notice for all appointments and if at all possible, plan your appointments Tuesday, Wednesday or Thursday.

Thank you!

PFV Book Club

Thursday, June 29th ~ 3pm
Location: Terrace Level
living room
Just talking about books we've enjoyed,
please join us!



Craft with Barb

Patriotic Garland!

Thursday, June $8^{th} \sim 1 pm$

Location: Card Room Bring your crafty spirit, Barb will bring the supplies!



June 4th



June 11th



June 18th



June 25th

June Wellness Classes

Let's Stretch*

Mon-Fri 10:00am Wellness Classroom

Sit & Fit

Mon/Wed/Fri 10:30am Wellness Center classroom

Meditation

Mon/Wed/ Fri 11:30am Main Level behind fireplace

Walking Indoors or Outdoors*

Tues/Thurs 10:30am (or anytime, just lace up and go!)

Exercise Community Crew*

Mon/Wed/Fri 9am

Cornhole on the Patio*

Mon 1pm

Billiards*

Mon 1pm

*self-guided, no instructor, no charge!



We have lots of activities s every scheduled every week.
Please check your
"Happenings" calendar often, and to help us plan, please sign up on the Wellness table (across from the elevator) to let us know you plan to attend!

WELLNESS MATTERS

Kjersti Kontio PFV Wellness Coordinator 231.838.0333



Summertime is finally here and we need to soak up every second of it! We have lots of activities planned for this month and I hope you'll check your calendar often to see what looks interesting or fun for the day or week ahead.

I know we have a few new residents and I want to extend a warm invitation to our classes. The list is on the left and I encourage *everyone* to try something new this month. These classes aren't just about moving our bodies, but also about getting out and about, meeting new people, sharing a few laughs and community.

This month you'll find the Cornhole game on the back patio, and the bean bags inside in the card room inside the door. (They need to stay dry.) Invite a friend to play a game or two!

You might also consider taking a walk either inside in the halls, nearly ½ mile if you walk down every hall, or the outside loop is also ½ mile when you walk all the way around. Even just a few minutes spent outside has huge benefits for body, mind and spirit.

I hope you'll take advantage of the outings and presentations we have planned this month. They are all planned with our active community in mind! A few lunches at the Friendship Center is new on our calendar. \$3 cash for lunch, what a deal!! Enjoy the month, and remember, if there is any way I can help you, please let me know! *Kjersti*

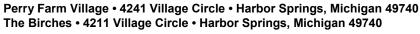
The kitchen appreciates advance notice, *including staff*, for all meals.

Breakfast: day before Lunch: by 10am Dinner: by noon, but if there is extra, they will set a place for you! Have you noticed we have many new faces at Perry Farm Village? As we welcome new residents and anticipate new staff, we encourage you to wear your PFV name tag. If you don't have one, or have lost yours, please stop in the office and we will get one ordered for you. It's nice to put a name with the face!

Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org



KITCHEN TEAM:

Dining Services Supervisor

Dining Services Coordinator

Dining Services Assistant

Dawn Svatora

Colleen Froats

for The Birches

Jeremy Kimble

Tamme Sterly

Cook

Village Staff

Barbara Woodward-Boonstra

Executive Director

Jill Tibbits Administrator

Kjersti Kontio

Wellness Coordinator

Jim Bear Vacancy

Maintenance Tech

Karen Martin Kathy Barnett

Community Concierge

Dave Sluyter

Larry Froede Transporters

CAREGIVING TEAM: Anna Minnick, BSN, BPH, RN

RN/Nurse Manager

Resident Assistants

Benjamin Duncan Joy Eaton Michll Evans Rose Gokee Ciara Halliday Hailey Helminiak Helen Ingersol Michelle Khaled Jeremy Kimble Christina Leal

Marci Morse

Donna Payne

Melanie Schulz Jennifer Selke Margaret Small Katelynn Sterly Sara Sumner Olivia Thompson Sheree Woollard

EMERGENCY NUMBER

24/7 Resident Assistant Desk 231-526-1500 Ext 87003







THE FOUNDATION

Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pymfoundation.org**