

Perry Villager



Embrace the possibilities

4241 Village Circle Drive • Harbor Springs, Michigan 49740 • www.pvm.org

May 2018

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Look for PVM on: You Tube

Spring has Sprung?

I am both tired of talking about the weather and all I want to talk about the weather ... the horrible snow of a couple weeks ago to the ice on the bay (is it still there? When will it go?), the slow emergence of my yard with the sunshine to the bets on how long the big snow piles will last. Weather can dominate our lives in Northern Michigan. And the noticeable pick up in everyone's mood and voices is remarkable every spring. We can all look at each other and say "We made it"... another winter in the books.

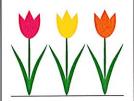
We are excited out our Friends & Family projects at both Hillside and Perry Farm Village – which are all about improving and sprucing up our buildings and grounds. Work on the garden hill at Hillside – and the raised beds out back. Work on carports and hallway wing entrances at Perry. Upgrading plantings and landscaping – all of those things that make it so nice to pull up to your home and be proud of where you live! If you have not made a gift yet – please consider something to general fund... April is past but we can still put the funds to good use in our projects!

We continue to look ahead and think about how we can best serve our residents now and in the future and the Board of Director's will start a Strategic Planning process this summer. We will be doing some shorter term and some long term (15-20 years out) thinking and planning. If you have thoughts/ideas and would like them to be shared during our planning process, please feel free to reach out to myself, Jill or Sarah or a Board member to share your thoughts!

Think spring thoughts!

Mary Catherine

Board Members



PFVA

Hon. James Churchill Karin Flint Roy Griffitts, Jr. Don House Kelley Newton Marta Oloffsson Ken Ostrowski

PFDC/Hillside

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Karin Flint
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Older Michiganian's Day

Spring is a time of celebration in most cultures. And what better experience to celebrate than that of being an Older Michiganian! Here is information on Older Michiganians Day coming up in Lansing along with registration information. You will enjoy the day if you decide to attend. PVM will be on hand and will post the event on our Facebook page if you would like to join in from a distance:

Save the Date

Older Michiganian's Day to be held on May 16, 2018 on the East Lawn of the Capitol Building in Lansing, MI.

Presented by the Area Agencies on Aging Association of Michigan and our Partners

Older Michiganian's Day (OMD) is an annual rally that takes place on the East Lawn of the Capitol Building in Lansing. This event brings together hundreds of seniors, aging service providers and senior advocates with their legislators and key state officials.

Interested individuals are invited to join this event to show their support for policies that support older adults. This free event provides the opportunity to speak with a unified voice to the Legislature expressing the concerns, challenges, and opportunities for older adults by the experts, older adults themselves and aging service providers.

This Event Features:

- A Rally on the East Lawn of the Capitol Building
- Keynote Speakers
- Group and Individual Meetings with your State Legislators

Older Michiganian's Day is planned by a group of organizations committed to advocating on behalf of the needs and interests of older adults across the state of Michigan. The steering committee is responsible for planning the annual event in Lansing, producing the advocacy platform which outlines legislative priorities, and developing an annual report card that states the achievements of the Governor and the Legislature in accomplishing recommended actions.

To learn more about Older Michiganian's Day, or to plan your trip to Lansing, please visit the "Plan your Trip" page for more information regarding how to register for this event.

For more information contact Linda Burghardt, Michigan Association of Area Agencies on Aging at (517) 886-1029 or by email at OMD@4ami.org. You may also contact your local Area Agency on Aging office by calling (231) 947-8920 or by email at info@aaanm.org.

Maintenance Update:



Entire Lower PFV Campus including Residences and Perry Center:

On May 14, beginning at 7am, Abent will be spraying for the season's creepy crawly prevention.

Please ensure ALL windows are closed shut prior to their arrival/before you go to bed May 13. First Class Window Cleaning will follow them a few days later for the exterior window washing as well.



Birthdays!

24th Mimi C. 27th Marjorie W.

Happy Birthday from all of us at Perry Farm Village!



Saturday, May 5th
Just Getting Started

Saturday, May 12th Me Before You

Saturday, May 19th A Good Year

Saturday, May 26th Field of Dreams

Card Room at 6:45 pm every Saturday!

Sunday, May 6th Saving Mr. Banks

Sunday, May 20th
March of The Penguins

Sunday Movie Matinees At 2pm In Card Room





It's Your Life. Live It Well.

By Tom Wyllie, Director of Wellness

It's Déjà Vu All Over Again

Yes indeed. It's that time of year again. Time to get ready for the annual Village Victory Cup scheduled for Friday, June 22nd! This year's event will feature some of the same exciting tried and true games as years past such as the Beanbag Toss, the Hoop Shoot, the Wellness Walk, the Puzzler, and the Balloon Volleyball Tournament, and the Kick-a-Roo will be returning for the second consecutive year, but with a slight modification. And based on a barrage of requests from residents, new this year there will be a group dance competition. Also, because the event continues to grow, this year the Village Victory Cup will be held at a new location, the Suburban Collection Showplace Diamond Ballroom in Novi.

For the past 3 years, at the end of this fun-filled day of camaraderie and friendly competition the Village of Westland has emerged victorious. Can anyone dethrone these perennial champions? Does your Village have what it takes? Can you put together a winning team? Will your Village take home the cup? I suppose only time will tell and we will have our answers on June 22^{nd} .

For more information about the Village Victory Cup and how you can register to represent your Village at this year's games, contact your Administrator. For Villages located 100 miles or more from the PVM Home Office (in Southfield), you have the opportunity to participate in the Virtual Village Victory Cup, which you can also learn more about from your Administrator.

Good luck Villages and may the odds be always in your favor!

New Yoga Classes

Please join Ashley Valot who will be instructing yoga here at Perry Farm Village!



Chair Yoga

May 8th
May 22nd
May 29th
At 1:00 pm

Beginner Yoga

May 2nd
May 9th
May 16th
May 30th

At 3:00 PM

\$50/month (4 classes \$15/class \$12/class for Perry Club Members



Giving Matters.

By Paul J. Miller, CFRE, President, PVM Foundation

Engage to make Michigan the best place to live—at any age!

You're a rock star!

PVM is so lucky to have you reading this right now! You're out in your community doing great things.

You're volunteering, giving, advocating and so much more!

There is a place for your kind of engagement at PVM. You're needed by your community—you're needed by older adults.

Engage in any way, at any age! You are key to a healthy, happy Michigan!

Here are some ideas:

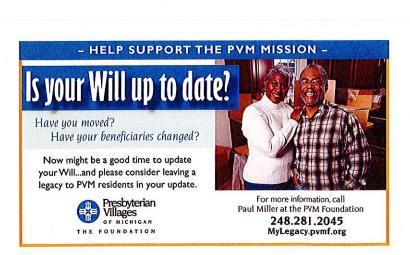
- Make a gift to your local PVM Village
- Volunteer for a project or event at your Village
- Call your elected representative to tell them to keep fighting for older adults

May is "Older Adults Month" and this year's theme is "Engage at Any Age!"

What are some of the ways you're currently engaged and what will you do in the future? Please contact us at 248-281-2040 or pvmfoundation@pvm.org – we want to know!

Thank you!

Paul J. Miller, CFRE





Presbyterian Villages of Michigan **Mission Statement**

Guided by our Christian heritage, we serve seniors of all faiths and create new possibilities for quality living.

www.pvm.org

Office Numbers Main Office (231) 526-1500 Normal open office hours: Mon-Fri 8:30a-4:30p

Village Staff

Mary Catherine Hannah

Executive Director

Jill Tibbits

Administrator

Katie Parr

Perry Club Manager

Jon Terrian

Maintenance Tech

Joseph Mastaglio

Executive Chef

Sandy Jakubiak

Cook

Mary Jane Kiogima

Dawn Svatora

Dietary Assistants

Andy Schaefer

Registered Nurse

Resident Assistants

Susan Foley

Colleen Froats

Eva Gray

Rose Gokee

Shellie Harrington

Brooke Maki

Amanda Rockwell

and Saturdays 10:00a-3:00p Tammy Stclair

Susan Storrs

Janell Terrian

Farrell Thompson

Joele Weld

Christine Woodward

Sheree Woollard

Transporter

Jim Flick

Jack Frank

Jane Rye

EMERGENCY NUMBER

24/7 Resident Assistant Desk, Terrace Level

Main Office Fax Number

911

(231) 526-1500 x 4

(231) 526-6462





Presbyterian Villages of Michigan Foundation serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at 248-281-2040 or visit www.pvmfoundation.org

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