



# Perry Villager



Embrace the possibilities

4241 Village Circle Drive • Harbor Springs, Michigan 49740 • [www.pvm.org](http://www.pvm.org)

May 2017

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**Perry Farm  
Village**

A SENIOR LIVING COMMUNITY

A Mission of Presbyterian Villages of Michigan

Look for PVM on:



This is the month of 'May-bes'... Maybe it will be warm, maybe it will be cold, maybe I can put away my sweaters – oh wait ... maybe I better buy some sunscreen, maybe I can work in the yard or maybe we will have a frost warning!

What is not a 'maybe' is what a great Friends & Family campaign we have had for both Perry and Hillside. A HUGE, HUGE, HUGE thank you to everyone who participated and gave a gift this year – we all know how much those gifts mean to us and to helping make our campus' the best they can be for residents, family & friends.

Our new building at Hillside – Hillside East – is fully leased up and the waiting list is building; and we will soon be a full house again at both Hillside East and Hillside West and its fun to welcome all of the new faces to the campus. The Friendship Center is up and running in their new space and have a calendar chalk full of new activities – or check out their lunch program! We are on the last legs of our construction journey with Hillside East finishing up last little punch list items and kicking the tires.

The Owner's Visioning Group continues to be very productive and have now taken on the task of a Restatement of the condo docs. As many know – the owner's documents at Perry at byzantine at best and downright confusing at worst ... So a 're-do' is long overdue. If you are interested in learning more about the process please contact Mary Catherine in the office or Ken Ostrowski.

The Hillside-PFDC Board is also beginning to engage in a strategic planning process for both campus' and also for how we fit into the larger community, so look for opportunities to participate over the summer months.

Mary Catherine

## Board Members



### PFVA

Hon. James Churchill  
Karin Flint  
Don House  
Linda Rhodes-Pauly  
Ken Ostrowski

### PFDC/Hillside

Kay Flavin  
Karin Flint  
Roy Griffiths, Jr.  
Don House  
Jean Jardine  
Lois Manville  
Rob Mossburg  
Linda Rhodes-Pauly  
Linda Riley  
Debra Schirmer  
Fred Walstrom  
Linda Rachwitz





## ***Mothers Day***

A Mother loves right from the start.  
She holds her baby close to her heart.  
The bond that grows will never falter.  
Her love is so strong it will never alter.

A Mother gives never ending Love.  
She never feels that she has given enough.

For you she will always do her best.  
Constantly working, there's no time to rest.

A Mother is there when things go wrong.

A hug and a kiss to help us along.

Always there when we need her near.

Gently wipes our eyes when we shed a tear.

So on this day shower your Mother with Love.

Gifts and presents are nice but that is not enough.

Give your Mother a day to have some peace of mind.

Be gentle, be good, be helpful, be kind.

Happy Mothers Day.

*Carol Matthews*

## ***Service Excellence Training***

Please join in on this educational session! The main goal is to have residents understand PVM's core values and the behaviors we exhibit as we want them to implement the core values in their daily lives as they interact with the staff and each other!

**Thursday, May 18<sup>th</sup> form 10a-12p**  
(Free lunch provided)

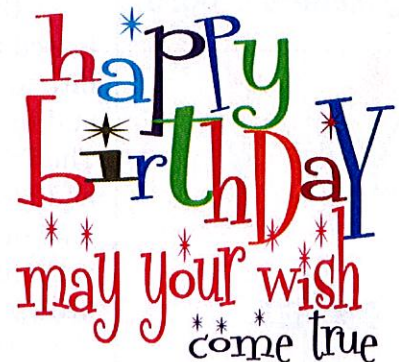


## ***Birthdays!***

**24<sup>th</sup> Mimi C.**

**27<sup>th</sup> Marjorie W.**

**28<sup>th</sup> Billie F.**



***Happy Birthday***  
***from all of us at***  
***Perry Farm Village!***





## It's Your Life. Live It Well.

By Tom Wyllie,  
Director of Wellness

### MARK YOUR CALENDARS!

"Vee Eye See Tee Oh Are Why"\* is that your Village's battle cry? If you're having a challenge deciphering the battle cry, try reading it again but this time read it out loud. So, is it your Village's battle cry? Is your Village ready for this year's Village Victory Cup?

Scheduled for Friday, June 23<sup>rd</sup> this year's event is being held at the Ford Community and Performing Arts Center in Dearborn. At 11:00 am sharp, PVM Villages from across Southeast Michigan will gather together at this location to compete for the coveted Village Victory Cup travelling trophy. To ensure everyone has the energy they need to compete, lunch will be served from 11:15 – 11:45 am. The games themselves will begin promptly at noon.



If you're not familiar with the Village Victory Cup, it consists of a series of competitive events that include a puzzle building competition, a walking race, a lip sync battle, a photo contest, a beanbag toss, a timed basketball shoot and more. You earn points for your Village by simply coming to the event and cheering them on. You earn more points if you compete in the events and you earn even more points if you finish first, second, or third in an event. At the end of the day, the Village that scores the most points wins. To learn how you can join your Village's team, contact your Administrator.

\*battle cry = Victory



# AGE OUT LOUD!



## *May is Older American's Month!*

Getting older doesn't mean what it used to. For many aging Americans, it is a phase of life where interests, goals, and dreams can get a new or second start. Today, aging is about eliminating outdated perceptions and living the way that suits you best.

Take Barbara Hillary, for example. A nurse for 55 years who dreamed of travel, at age 75 Hillary became the first African American woman to set foot on the North Pole. In 2011, at age 79, she set another first when she stepped onto the South Pole. Former president George H.W. Bush celebrated his 90th birthday by skydiving. Actress Betty White, now 95 years old, became the oldest person to host Saturday Night Live in 2010, coincidentally during May—the same month recognized as Older Americans Month (OAM).

Since 1963, OAM has been a time to celebrate older Americans, their stories, and their contributions. Led by the Administration for Community Living (ACL), the annual observance offers a special opportunity to learn about, support, and recognize our nation's older citizens. This year's theme, "Age Out Loud," emphasizes the ways older adults are living their lives with boldness, confidence, and passion while serving as an inspiration to people of all ages.

Perry Farm Village will use OAM 2017 to focus on how older adults in our community are redefining aging—through work or family interests, by taking charge of their health and staying independent for as long as possible, and through their community and advocacy efforts. We can also use this opportunity to learn how we can best support and learn from our community's older members.

Join us and ACL as we speak up for #OAM17 and #AgeOutLoud this May!

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Visit <https://oam.acl.gov/>

Follow ACL on [Twitter](#) and [Facebook](#)

Contact your Area Agency on Aging: Visit <http://www.eldercare.gov/> or call 1-800- 677-1116

## ★ MOVIE NIGHT ★ Admit One

**Saturday, May 6<sup>th</sup>**  
Secretariat

**Saturday, May 13<sup>th</sup>**  
Hidden Figures

**Saturday, May 20<sup>th</sup>**  
The Big Wedding

**Saturday, May 27<sup>th</sup>**  
Lion

**Saturday, June 3<sup>rd</sup>**  
The Long, Long Trailer

**Card Room at 6:45 pm  
every Saturday!**

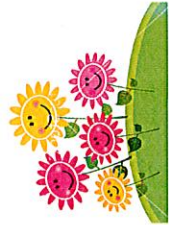
**Sunday, May 14<sup>th</sup>**  
Mother's Day

**Sunday, May 28<sup>th</sup>**  
Grand Hotel



**Sunday Movie Matinees  
At 2pm  
In Card Room**





# May Happenings 2017



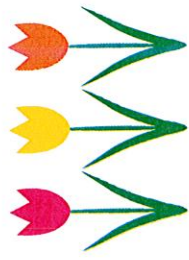
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:30 am Sit & Fit	2 1pm Root Beer Floats 2:00pm Wii Bowling	3 10:30 am Sit & Fit 2pm Bible Study	4 11 am Euchre 1pm Bingo 2pm Travel Series	5 10:30 am Sit & Fit 12pm Cinco de Mayo Lunch & Party	6 Kentucky Derby Movie Night at 6:45 pm "Secretariat"
7 2:15p Northern Michigan Chorale presents "Take a Musical Journey"	8 10:30 am Sit & Fit 2pm High Tea	9 2:00pm Wii Bowling Lake Street Ensemble & Cocktail Party 4p-5p	10 10:30 am Sit & Fit 2pm Bible Study	11 11 am Euchre 1pm Yahtzee 2pm Travel Series	12 10:30 am Sit & Fit	13 Movie Night at 6:45 pm "Hidden Figures"
14 Mother's Day! Movie Matinee At 2 pm "Mother's Day"	15 10:30 am Sit & Fit 2pm Coffee w/ Mary Catherine	16 1pm Victory Cup Practice 2:00pm Wii Bowling	17 10am Perry/Hillside Shopping Day 10:30 am Sit & Fit 2pm Bible Study	18 10a-12p Service Excellence (Lunch Provided) 2pm Travel Series	19 10:30 am Sit & Fit 4:30p Dinner at Dam Site Inn	20 6:30pm LTCS presents "Seasons of Love, Laughter & Life Movie Night at 6:45 pm "The Big Wedding"
21 Great Lakes Chamber Orchestra "Traverse Quartet" 3:30pm	22 10:30 am Sit & Fit 11am Legs Inn & Trillium Tour	23 9am Tai Chi 2:00pm Wii Bowling	24 10:30 am Sit & Fit 2pm Bible Study	25 9am Tai Chi 11 am Euchre 2pm Travel Series	26 10:30 am Sit & Fit 1pm Lemonade & Cookies	27 Movie Night at 6:45 pm "Lion"
28 Movie Matinee At 2 pm "Grand Hotel"	29 Memorial Day Office Closed	30 9am Tai Chi 1pm Victory Cup Practice 2:00pm Wii Bowling	31 10:30 am Sit & Fit 2pm Bible Study	June 1 9am Tai Chi 11 am Euchre 2pm Travel Series	2 10:30 am Sit & Fit	3 Movie Night at 6:45 pm "The Long, Long Trailer"

# May Lunch 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 BLT	2 Chef Salad	3 Ham & Cheese	4 Egg Salad Sandwich	5 Cinco de Mayo Lunch	6 Pulled Pork Sandwich
7 Coney Hot Dog	8 Grilled Cheese	9 Chicken Caesar	10 Derby Sandwich	11 Cheeseburger	12 Turkey Sandwich	13 Bratwurst
14 Tuna Salad Sandwich	15 French Dip	16 Maurice Salad	17 Chicken Salad Sandwich	18 Ham & Cheese	19 Roast Beef Sandwich	20 Egg Salad Sandwich
21 BLT	22 Texas Beef Rubeen	23 Tuna Melt	24 Cheeseburger	25 Pulled Pork Sandwich	26 Spinach & Swiss Quiche	27 French Dip
28 Hot Dog	29 Steak Caesar	30 Grilled Cheese	31 Turkey Rubeen			





# MAY DINNER 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Salisbury Steak	2 Broiled Whitefish	3 Macaroni & Cheese	4 Baby Back Ribs	5 Shrimp Pasta	6 BBQ Chicken
7 Pasta with Tomatillo Sauce	8 Sautéed Whitefish	9 Pork Tenderloin	10 Beef Stir-Fry	11 Atlantic Salmon	12 Country Chicken	13 Lamb Stew
14 Pork Loin	15 Crab Cakes	16 Broiled Whitefish	17 Seared Duck Breast	18 Spaghetti with Meat Sauce	19 Classic Pork Chop	20 Vegetable Lasagna
21 Country Style Beef	22 Sandy's Burrito	23 Sautéed Whitefish	24 Chicken Parmesan	25 Macaroni & Cheese	26 Baby Back Ribs	27 Filet Mignon
28 Spaghetti with Meat Sauce	29 Rosemary Chicken	30 Swiss Steak	31 Apricot Pork Ribs			



# Giving Matters.

By Paul J. Miller, CFRE,  
President, PVM Foundation

## AGE OUT LOUD!

*Everyone's aging, but who is listening?*

**Be the wake-up call!** Your backing and your voice = a variety of services, safe housing for a wide range of older adults and putting veterans first.

YOU and PVM: we're up against a cultural indifference to the elderly.

It sounds harsh, but it's true.

**Think about it:**

***"Over the hill." "Senior moment." "Past your prime."***

Those are pretty rough words about older adults—and we hear them, or even say them without batting an eye.

**You have the power to change that indifference and make this state a great place to live at any age.** Every time you introduce someone new to PVM, or you make a gift, you're bringing aging out of the shadows. You're making it possible for you and your peers of all income levels, backgrounds and needs to **AGE OUT LOUD**. This month is Older American's Month, so **raise your voices and spread the word**.

***World: listen up!***

If you have any questions or comments, please contact us at 248-281-2040 or [pvmfoundation@pvm.org](mailto:pvmfoundation@pvm.org).

Thank you!

Paul J. Miller, CFRE

***\*P.S. YOUR IMPACT: In 33 Michigan counties, there are now more older adults than school-aged children. HUGE when you consider that those older adults will stay as many kids grow up and move away.\****

*\* "The Age Wave: A Call to Action" Thomas B. Jankowski*



## Presbyterian Villages of Michigan Mission Statement

Guided by our  
Christian heritage,  
we serve seniors of  
all faiths and create  
new possibilities for  
quality living.

[www.pvm.org](http://www.pvm.org)

## Office Numbers Main Office (231) 526-1500

### Village Staff

Normal open office hours: Mon-Fri 8:30a-3:30p  
and Saturdays 9:00a-3:00p

Mary Catherine Hannah

*Executive Director*

Jill Tibbits

*Administrator*

Katie Parr

*Perry Club Manager*

Jon Terrian

*Maintenance Tech*

Joseph Mastaglio

*Executive Chef*

Sandy Jakubiak

*Cook*

Mary Jane Kiogima

Dawn Svatora

*Dietary Assistants*

Andy Schaefer

*Registered Nurse*

### **Resident Assistants**

Tanya Chevalier

Susan Foley

Colleen Froats

Eva Gray

Rose Gokee

Shellie Harrington

Lois Hankins

BethAnne Hoffmann

Brooke Maki

Amanda Rockwell

Susan Storrs

Janell Terrian

Farrell Thompson

Christine Woodward

### **Transporter**

Jim Flick

Jack Frank

Jane Rye

### EMERGENCY NUMBER

911

24/7 Resident Assistant Desk, Terrace Level

(231) 526-1500 x 4

Main Office Fax Number

(231) 526-6462



Presbyterian  
Villages

OF MICHIGAN

THE FOUNDATION

**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit [www.pvmfoundation.org](http://www.pvmfoundation.org)

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