

### Perry Villager



### **Embrace the possibilities**

4241 Village Circle Drive • Harbor Springs, Michigan 49740 • www.pvm.org

August 2017

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### Look for PVM on:







August always makes me melancholy. I know that summer is not over yet – and the long hot days of late August and early September are yet to come – but I can see the end barreling towards us. I have to start thinking about school supplies, new clothes from the summer growth spurt and all of my extended family headed back to their 'regular' lives. On the other hand – crisper nights and the excitement of a new year always brings hope.

We are looking ahead to our Annual Owner's Meeting at Perry Farm Village — and to seeing many of our 'absent' Perry family together for a brief time. The Perry Owner's Visioning Group has been hard at work since the last annual meeting and we look forward to reporting out on all of the great and productive discussions! Bring your thinking cap — and your ideas — for keeping Perry the wonderful place that it is and can continue to be for residents and owners alike.

At Hillside – at long last – our lighting project may be seeing the end. The electricians started work on bringing the height of the exterior light poles down and replacing the fixtures. A big thank you to those of you who have been helping to keep the flowers & ferns watered and looking good! Steve and I are looking for a few hardy soles who just might be willing to help with some weeding along the fence line... then we can get fresh mulch out there in the spring.

Bay Connect continues to roll along (transit humor!) and Brenda Scott is doing a great job in getting that project operational. We are also continuing to explore other home & community based services that we might be able to bring to our friends and neighbors. Look for some exciting news in the next couple of weeks about progress on this front! As always – email, call or stop by to see me!

Mary Catherine

### Board Members



### **PFVA**

Hon. James Churchill Karin Flint Don House Linda Rhodes-Pauly Ken Ostrowski

### PFDC/Hillside

Kay Flavin
Karin Flint
Roy Griffitts, Jr.
Don House
Jean Jardine
Lois Manville
Rob Mossburg
Linda RhodesPauly
Linda Riley
Debra Schirmer
Fred Walstrom
Linda Rachwitz

### Looking for Katie?



My office has been moved to the lower level wellness office from the main office! I hope this will encourage more of you to come and use the wonderful exercise equipement we have! You will still see me all around the building as usual. If you need anything pertaining to the bus/activities or wellness please come and visit me in my new space or just come and say hello!





1<sup>st</sup> Ruth H.
7<sup>th</sup> Elizabeth F.
12<sup>th</sup> Wanda H.
12<sup>th</sup> Nancy M.
15<sup>th</sup> Eleanor R.
21<sup>st</sup> Cameron O.
21<sup>st</sup> Don K.

Happy Birthday from all of us at Perry Farm Village!





### Shining Star Nominations 🖈



Hello PVM Residents, Families, Board Members and Employees,

Shining Star is an opportunity for you to help recognize deserving staff members who do a great job and exhibit the PVM Service Standards of Excellence. One of the best things about this program is that everyone can nominate a staff person as a Shining Star! The Shining Star Committee has revised the attached Shining Star nomination form with the intention of making it more user friendly.

If you witness a staff person, manager, or leader doing a great job and exhibiting of one or more of the Service Excellence Core Values, you can nominate them at any time. In addition to submitting a paper form you may also submit your nomination online on our website at

http://pvm.org/about-us/what-i-do-matters-service-excellence/.

We would like to take this time to encourage you to share this nomination form with staff, residents, families, and Board members. PVM is proud of the hard work and care that our employees do for those we serve and this is your opportunity to help recognize them for their efforts.

Sincerely,

The 2017 Shining Star committee: Michelle Steffen, (East Harbor), Nicole Banks (Home Office), Avni Thomas (Home Office), Audra Frye (Home Office), Nakia Johnson (Home Office), Jessica Gross (Rosebush), Dawn Corwin (Rosebush), Jason Lovelly (Westland), Hannah Micallef (Redford), Gloria Robinson (Redford), Jill Tibbits (Perry Farm).





### It's Your Life. Live It Well.

By Tom Wyllie, Director of Wellness

### We are the Champions!

How do you spell dynasty? I am beginning to think its W-E-S-T-L-A-N-D.

On Friday, June 23<sup>rd</sup>, for the third straight year and fourth time in six years the Stars from the Village of Westland won the Village Victory Cup. When asked what the secret is to their winning ways, they replied it's "the 2 p's – practice and participation. We participate in every event with the maximum number of allowable participants and we begin practicing weeks in advance. We've found the more people, the more fun and the more you practice the better you get."

With 265 participants and 96 coaches from 17 communities supported by over 70 volunteers gathered at the Ford Community & Performing Arts Center in Dearborn, this year's Village Victory Cup was the largest one yet. It was also the loudest. Though we didn't have a decibel meter to confirm it, the noise from all the spirited cheering rivalled that of a jet engine. In the end, the Sharks from the Village of Redford were deemed the most spirited and were presented with this year's Spirit Award.

Not to be out done by their southeast Michigan peers, throughout June PVM Villages 100 miles or further from the PVM Home Office competed in the Virtual Village Victory Cup. Participating Villages competed in the games at their respective Villages and reported the results to the PVM Wellness Department, which compiled them to determine the winner. Eighty-eight residents from six communities participated making it, like its counterpart, the largest one to date. It was also the closest. By just a half point, the Hornets from the Village of Hampton Meadows emerged as the victors.

### **★ MOVIE NIGHT**★ Admit One

Saturday, August 5<sup>th</sup> The Iron Lady

Saturday, August 12<sup>th</sup> A Quiet Passion

Saturday, August 19<sup>th</sup> Gifted

Saturday, August 26<sup>th</sup>
Going in Style

Card Room at 6:45 pm every Saturday!

Sunday, August 6<sup>th</sup>
The Secret Garden

Sunday, August 20<sup>th</sup> Breakfast at Tiffany's



Sunday Movie Matinees
At 2pm
In Card Room

# August Happenings 2017

Sat	Movie Night at 6:45 pm "The Iron Lady"	12 Movie Night at 6:45 pm oup "A Quiet Passion" m	ell Movie Night  Fit at 6:45 pm  "Gifted"	26  Movie Night at 6:45 pm  "Going in Style"	
Fri	4 Bus Day No Exercise! Ipm Walking Group	9am Fit & Well 10:30 am Sit & Fit 1pm Walking Group 2pm Bill's Farm	18 NO BUS! 9am Fit & Well 10:30 am Sit & Fit 1pm Walking Group	25 Bus Day 9am Fit & Well 10:30 am Sit & Fit 1pm Walking Group	
Thu	3 11 am Euchre 2pm Travel Series	10 9 am Tai Chi 11 am Euchre 1pm Boston Coolars 2pm Travel Series	9 am Tai Chi 11 am Euchre 2pm Travel Series	24 9 am Tai Chi 11 am Euchre 2pm Travel Series 4:30pm Douglas Lake Bar for Dinner	31 9 am Tai Chi 11 am Euchre 12pm Taco Extravaganza 2pm Travel Series
Wed	2 Bus Day 9am Fit & Well 10:30 am Sit & Fit 1pm Walking Group 2pm Bible Study	9 Bus Day 9am Fit & Well 10:30 am Sit & Fit 1pm Walking Group 1:30pm Movie at The Lyric "Dunkirk" 2pm Bible Study	16 Bus Day 9am Fit & Well 10:30 am Sit & Fit 1:30 pm Perry Farm Village's Owner's Annual Meeting 2pm Bible Study	23 Bus Day 9am Fit & Well 10am Perry/Hillside Shopping Day 10:30 am Sit & Fit 1pm Walking Group 2pm Bible Study	30 Bus Day 9am Fit & Well 10:30 am Sit & Fit 1pm Walking Group 2pm Bible Study
Tue	1 2:00pm Wii Bowling Piano Music 5p-6p	8 9 am Tai Chi 2:00pm Wii Bowling Piano Music 5p-6p	2:00pm Wii Bowling Piano Music 5p-6p 5:45 pm Young Americans Dinner Theatre	22 9 am Tai Chi 2:00pm Wii Bowling Piano Music 5p-6p	29 9 am Tai Chi 11 am Crooked River Boat Tour & Lunch 2:00pm Wii Bowling Piano Music 5p-6p
Mon		7 Bus Day 9am Fit & Well 10:30 am Sit & Fit Victory Cup Awards	14 Bus Day 9am Fit & Well 10:30 am Sit & Fit 11:45 am Lunch at Vernales	9am Fit & Well 10:30 am Sit & Fit 4:30pm Dinner at Hack-ma-Tack	28 Bus Day 9am Fit & Well 10:30 am Sit & Fit 1ppp Roof Beer
Sun		6 Movie Matinee At 2 pm "The Secret Garden"	13	20 Movie Matinee At 2 pm "Breakfast at Tiffany's"	27



## August Lumch



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Pulled Pork Sandwich	Egg Salad Sandwich	3 French Dip	4 Quiche Lorraine	s BLT
6 Tuna Salad Sandwich	Rueben Sandwich	s Chef Salad	Grilled Ham	<sup>10</sup> Cheeseburger	Steak Caesar	Grilled Cheese
Coney Dog	Chicken Salad Sandwich	Monte Cristo	Blue Cheese Club	Derby Sandwich	French Dip	Pulled Pork Sandwich
Turkey & Swiss	BLT	Grilled Ham & Cheese	Hot Roast Beef	Egg Salad Sandwich	Baltimore Rueben	<sup>26</sup> Club Sandwich
Roast Beef & Cheddar	Hot Dog	Chicken Salad Sandwich	30 Tuna Melt	Taco Extravaganza		



### August Dinner



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Mahi Mahi	2 Rosemary Chicken	3 Pork Loin	<sup>4</sup> Baby Back Ribs	Spaghetti W/ Meat Sauce
6 Country Pork W/ Gravy	Veggie Chicken Pasta	8 Sautéed Whitefish	Filet Mignon	Seared Duck Breast	Macaroni & Cheese	Atlantic Salmon
BBQ Chicken	Crab Cakes	Salisbury Steak	Beef Stir-Fry	Broiled Whitefish	Baby Back Ribs	old Fashioned Lasagna
Lamb Stew	Pepper Steak	Country Fried Chicken	Pizza Night	Sautéed Whitefish	Cube Steak W/ Gravy	<sup>26</sup> Apricot Glazed Ribs
Pot Roast	Almond Cranberry Chicken	Swiss Steak W/ Tomato	Spaghetti W/ Meat Sauce	Crab Cakes		



### Giving Matters.

By Paul J. Miller, CFRE, President, PVM Foundation

Do Some Summer Planning! You have the power right now.

Remember PVM and older adults in your will, and rest easy knowing that you'll be doing great work long into the future.

The weather is great. Friends and family are getting together for barbecues and to enjoy the lakes, beaches and everything the great state of Michigan has to offer.

Chances are, the farthest thing from your mind is planning for after your lifetime.



But as you're with your family, your friends and loved ones this summer, take a moment to think about your future.

Who wants to think about that at a happy time?! I know! BUT—I challenge you—would you rather think about it at a desperate time?

By planning now, you can have the largest impact. You can build a legacy that's right for you and you'll let older adults know that you're with them now and always.

Learn more about how you can leave a bequest and start planning at mylegacy.pvmf.org. If you have any questions or comments, please contact us at 248-281-2040 or pvmfoundation@pvm.org.

Thank you!

Paul J. Miller, CFRE

\*P.S. Do you want to volunteer with the PVM Foundation? Call us at 248-281-2043!





Presbyterian Villages of Michigan Mission Statement

Guided by our
Christian heritage,
we serve seniors of
all faiths and create
new possibilities for
quality living.

www.pvm.org

### Office Numbers Main Office (231) 526-1500

Village Staff

Mary Catherine Hannah

Executive Director

Jill Tibbits

Administrator

Katie Parr

Perry Club Manager

Jon Terrian

Maintenance Tech

Joseph Mastaglio

Executive Chef

Sandy Jakubiak

Cook

Mary Jane Kiogima

Dawn Svatora

Dietary Assistants

**Andy Schaefer** 

Registered Nurse

Resident Assistants

Tanya Chevalier

Susan Foley

Colleen Froats

Eva Gray Rose Gokee

Shellie Harrington

Brooke Maki

Normal open office hours: Mon-Fri 8:30a-3:30p

and Saturdays 9:00a-3:00p

Amanda Rockwell

Susan Storrs

Janell Terrian

anch reman

Farrell Thompson
Christine Woodward

Sheree Woolard

Transporter

Jim Flick

Jack Frank

Jane Rye

**EMERGENCY NUMBER** 

24/7 Resident Assistant Desk, Terrace Level

Main Office Fax Number

911

(231) 526-1500 x 4

(231) 526-6462





**Presbyterian Villages of Michigan Foundation** serves Michigan seniors of all faiths by raising essential funds to support the mission of Presbyterian Villages of Michigan for the greatest needs of our residents. A gift to Presbyterian Villages of Michigan Foundation is truly an investment in our residents. For more information on how you can help Michigan seniors, call Presbyterian Villages of Michigan Foundation at **248-281-2040** or visit **www.pymfoundation.org** 

4241 Village Circle Drive Harbor Springs, MI 49740