July 2024 The Birches Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30 Piano 11:15 Sit&Fit 1pm Bingo 2pm Book Club	2 10:30 Walking 1pm Table Games	3 11:15 Chair Yoga 1pm Bingo 2pm Piano Hymns	4 10:30 Walking 1pm Patio Games 5pm Cookout	5 11:15 Sit&Fit 1pm Bowling 2:30 Bingo	6
7	8 10:30 Piano 11:15 Sit&Fit 1pm Bingo 2pm Book Club	9 10:30 Walking 1pm Table Games 2:30 Bingo	10 11:15 Chair Yoga 1pm Bingo 2pm Piano Hymns	11 10:30 Walking 1pm Documentary	12 11:15 Sit&Fit 1pm Corn Hole Toss 2:30 Bingo	13
14	15 10:30 Piano 11:15 Sit&Fit 1pm Bingo 2pm Book Club	16 10:30 Walking 1pm Trivia 2:30 Bingo	17 11:15 Chair Yoga 1pm Bingo 2pm Hymn Sing	18 10:30 Walking 1pm Memory Games	19 11:15 Sit&Fit 1pm Movie	20
21 3pm Ice Cream Cone Social 5pm Family Dinner	22 10:30 Piano 11:15 Sit&Fit 1pm Bingo 2pm Book Club	23 10:30 Walking 1pm Craft 2:30 Bingo	24 11:15 Chair Yoga 1pm Bingo 2pm Piano Hymns	25 10:30 Walking 1pm Craft	26 11:15 Sit&Fit 1pm Corn Hole Toss	27
28	29 10:30 Piano 11:15 Sit&Fit 1pm Bingo 2pm Book Club	30 10:30 Walking 1pm Radio Theater 2:30 Bingo	31 11:15 Chair Yoga 1pm Bingo 2pm Hymn Sing			