




July 2023 Happenings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
4:30pm Happy Hour Every Day!						1 8:30-10am Continental Breakfast
2 8:30-10am Continental Breakfast 4pm Music in the Park	3 No Classes 1pm Cornhole	4  10:30am Walk In/Out 1pm Bingo	5 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 12:45pm Shopping 2pm Bible Study	6 10am Let's Stretch 10:30am Walk In/Out 11am Chapel 1pm HS History	7 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Bingo	8 8:30-10am Continental Breakfast
9 8:30-10am Continental Breakfast 4pm Music in the Park	10 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Cornhole	11 10am Let's Stretch 10:30am Walk In/Out 1pm No Bingo 1pm GLCO	12 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 2pm Bible Study	13 10am Let's Stretch 10:30am Walk In/Out 11am Chapel 11am Presentation	14 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Bingo	15 8:30-10am Continental Breakfast
16 8:30-10am Continental Breakfast 4pm Music in the Park	17 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Cornhole	18 10am Let's Stretch 10:30am Walk In/Out 1pm Bingo	19 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 12:45pm Shopping 2pm Bible Study	20 10am Let's Stretch 10:30am Walk In/Out 11am Chapel 6pm GLCO Concert	21 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Bingo 2pm Ice Cream Social	22 8:30-10am Continental Breakfast
23 8:30-10am Continental Breakfast 4pm Music in the Park	24 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Cornhole	25 10am Let's Stretch 10:30am Walk In/Out 1pm Bingo	26 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 2pm Bible Study	27 10am Let's Stretch 10:30am Walk In/Out 11am Chapel 11am Presentation 3pm Book Club	28 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Bingo 4:30 Special Meal ★	29 8:30-10am Continental Breakfast
30 8:30-10am Continental Breakfast 4pm Music in the Park	31 10am Let's Stretch 10:30am Sit&Fit 11:30am Meditation 1pm Cornhole					Wellness Center Card Room Dining Room Terrace Level Outing