August 2025 Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wellness Center Dining/Living Room Terrace Level Outing LL Board Room Outside (Good weather)					1 10:30am Sit & Fit 1pm Bingo	2 8:30-10am Continental Breakfast
3 8:30-10am Continental Breakfast	4 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	5 10:30am Tai Chi 1pm Bingo 4:30pm Brass Ensemble 5?30pm Birthday Dinner	6 10:30am Sit & Fit 11:30am Meditation 12pm Lunch Bunch	7 10:30am Tai Chi 4:30pm Sunshine Sisters	8 10:30am Sit & Fit 1pm Bingo	9 8:30-10am Continental Breakfast
10 8:30-10am Continental Breakfast	11 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	12 10:30am Tai Chi 1pm Bingo 4:30pm Piano Ken	13 8:30am Aging Gracefully 10:30am Sit & Fit 11:30am Meditation 3:00pm Barb's retirement	14 10:30am Tai Chi 5pm Dinner Group	15 10:30am Sit & Fit 1pm Bingo	16 8:30-10am Continental Breakfast
17 8:30-10am Continental Breakfast	18 10:30am Sit & Fit 11:30am Meditation 1pm Ice Cream Ride 2pm Movie Monday	19 10:30am Tai Chi 1pm Bingo 4:30pm Piano Ken	20 10:30am Sit & Fit 11:30am Meditation 2:30 Bible Study 4:30 Special Dinner/HH	21 10:30am Tai Chi	22 10:30am Sit & Fit 1pm Bingo	23 8:30-10am Continental Breakfast
24 8:30-10am Continental Breakfast	25 10:30am Sit & Fit 11:30am Meditation 2pm Movie Monday	26 10:30am Tai Chi 1-3:30pm Foot Clinic 1pm Bingo 4:30pm Piano Ken	27 10:30am Sit & Fit 11:30am Meditation 2:30 Bible Study 5:30pm Cookout	28 10:30am Tai Chi	29 10:30am Sit & Fit 1pm Bingo	30 8:30-10am Continental Breakfast
31 8:30-10am Continental Breakfast						