October 2024 Happenings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10am Seated Tai Chi 2pm Shopping @ IGA 1pm Bingo	2 10:30am Sit & Fit 11:30am Meditation 2:30pm Bible Study	3 10:30am Walk PFV	4 10:30am Sit & Fit 1pm Bingo	5 8:30-10am Continental Breakfast 6pm GLCO concert @ Bay Harbor
6 8:30-10am Continental Breakfast	7 10:30am Sit & Fit 11:30am Meditation 1:30pm Menu Chat	8 10am Seated Tai Chi 2pm Shopping @ IGA 1pm Bingo	9 10:30am Sit & Fit 11:30am Meditation 12pm Lunch Bunch 2pm Hymn Sing 2:30pm Bible Study	10 10:30am Walk PFV 1:30pm Bay View Book Club	11 10:30am Sit & Fit 1pm Bingo 2pm Apple Cook off	12 8:30-10am Continental Breakfast
13 8:30-10am Continental Breakfast 9:30am Church at PFV 1:30pm Techy help	14 10:30am Sit & Fit 11:30am Meditation 3:30pm Michigan Presentation	15 10am Seated Tai Chi 2pm Shopping @ IGA 1pm Bingo 4:30pm Piano Ken	16 10:30am Sit & Fit 11:30am Meditation 2:30pm Bible Study	17 10:30am Walk PFV	18 10:30am Sit & Fit 1pm Bingo	19 8:30-10am Continental Breakfast
20 8:30-10am Continental Breakfast	21 10:30am Sit & Fit 11:30am Meditation	22 10am Seated Tai Chi 2pm Shopping @ IGA 1pm Bingo 4:30pm Piano Ken	23 9am Vax Clinic 10:30am Sit & Fit 11:30am Meditation 1:30pm Craft at HSFC 2pm Hymn Sing 2:30pm Bible Study	24 10:30am Walk PFV 1:30pm Bay View Book Club 5pm Dam Site Dinner	25 10:30am Sit & Fit 1pm Bingo	26 8:30-10am Continental Breakfast Tbd –UofM~MSU game
27 8:30-10am Continental Breakfast 9:30am Church at PFV	28 10:30am Sit & Fit 11:30am Meditation	29 10am Seated Tai Chi 2pm Shopping @ IGA 1pm Bingo 4:30pm Piano Ken	30 10:30am Sit & Fit 11:30am Meditation 2pm Hymn Sing 2:30pm Bible Study	31 10:30am Walk PFV 3:30-5:30pm Trick or Treat at PFV	Special Happy Hour & Dinner Special Birthday Dinner	Wellness Center Dining/Living Room Terrace Level Outing The Birches