

## Frequently Asked Questions—Assisted Living and Memory Care

### **I'm not sure what kind of care or how much care is needed.**

We understand. Our team will complete a needs assessment to help determine the level of care that is most appropriate for your loved one. This assessment will help us develop an individualized care plan, which will be reviewed with you prior to move-in.

### **What happens if needs increase and more care is required?**

No two situations are alike, that's why we offer different levels of care services. Each level increases available services to help fulfill the resident's changing needs.

### **Will my loved one be left in their room waiting for the day to pass?**

No! We encourage engagement for all residents. By working with you, we will learn what your loved one enjoys, such as hobbies, activities, foods and games. With authentic connections, our care team will build upon your loved ones' interests and likes to promote engagement and nurture stimulation. We plan daily activities to inspire each resident, striving to improve lifestyle, well-being and quality of life. The design of The Birches was very deliberate—from the wide hallways to the open spaces that provides endless exploring opportunities around the community.

### **How can the gorgeous Michigan days be enjoyed at The Birches?**

Our large inviting courtyard allows opportunity to enjoy nature on appropriate days. The beautiful gardens and courtyard are open for enjoyment and are designed to allow exploration within the borders. An abundance of windows throughout the community allows the natural light and outdoor beauty to permeate throughout.

### **Is the food basically "hospital" food?**

No. The chef-inspired, nutritiously balanced meals prepared in the Perry Center kitchen and served to our Independent Living residents, are also served at The Birches. Whether served in the apartment, or in our bright, spacious dining room, our meals are sure to please and satisfy all appetites!

### **Are there places to get together with others?**

The Birches was specifically designed with multiple gathering areas, wide open spaces, and areas for personal and group engagement. The main living room area is highlighted with a gorgeous two-sided electric fireplace that provides a welcoming ambiance.

### **How does a resident get regular medical care and attend appointments?**

Physicians and specialists regularly visit our community to serve our residents. Transportation is also available to shuttle residents to appointments in the Harbor Springs and Petoskey area.

### **The Birches**

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[www.perryfarmvillage.org](http://www.perryfarmvillage.org)

*This Senior Living Community will provide equal housing opportunity to all persons regardless of race, color, religion, sex, sexual orientation, gender identity, disability, familial status, or national origin.*

